



2022-2023 MENU

Gossner Non Fat Chocolate Milk
and 1% White Milk is served daily

Dates	MONDAY	TACO TUESDAY	WEDNESDAY	LOCAL THURSDAY	PIZZA FRIDAY
08/08-08/12	Chicken Nuggets 5 EACH	Beef Taco W/ Tortilla Wrap 2 OZ	WG Breaded Fish Sandwich W/ Tartar Sauce 1 EACH	Pulled Pork Carnitas 2 OZ	WG Cheese Pizza 1 EACH
09/05-09/09	Brown Rice 1/2 Cup	Shredded Cheese & Salsa 1 OZ	WW Hamburger Bun 1 EACH	Brown Rice 1/2 Cup	Green Beans 3/4 Cup
10/03-10/07	Peas 3/4 Cup	Black Beans 3/4 Cup	Local Salad 1 1/2 Cup	Carrots 3/4 Cup	Fruit Mix 1/2 Cup
10/31-11/04	Mandarin Orange 1/2 Cup	Pineapple Tidbits 1/2 Cup	Diced Pears 1/2 Cup	Diced Peaches 1/2 Cup	
11/28-12/02					
08/15-08/19	Chicken Ala King 1 CUP	2 OZ Beef Taco Salad 10 PCS Tortilla Chips 2 OZ Cheese Sauce 1 OZ Salsa	Chicken Tender Bowl 1/2 Cup Mashed Potato 2 OZ Gravy	Bistek 2 PCS	WG Pepperoni Pizza 1 EACH
09/12-09/16	Brown Rice 1 Cup	Black Beans 3/4 Cup	Local Salad 1 1/2 Cup	Brown Rice 1 Cup	Corn 3/4 Cup
10/10-10/14	Carrots 3/4 Cup	Pineapple Tidbits 1/2 Cup	Diced Peaches 1/2 Cup	Green Beans 3/4 Cup	Fruit Mix 1/2 Cup
11/07-11/11	Mandarin Orange 1/2 Cup			Diced Pears 1/2 Cup	
12/05-12/09					
08/22-08/26	Beef Hot Dog W/ Chili Beans 1 EACH	Chicken Taco W/ Tortilla Wrap and Salsa 2 OZ	Cheeseburger 1 EACH	Eggless Loco Moco 1 EA Hamburger Patty 2 OZ Gravy	WG Cheese Pizza 1 EACH
09/19-09/23	WG Bun 1 EACH	Shredded Cheese 1/2 OZ	WG Bun 1 EACH	Brown Rice 1/2 Cup	Carrots 3/4 Cup
10/17-10/21	Potato Wedges 3/4 Cup	Black Beans 3/4 Cup	Local Salad 1 1/2 Cup	Green Beans 3/4 Cup	Fruit Mix 1/2 Cup
11/14-11/18	Mandarin Orange 1/2 Cup	Pineapple Tidbits 1/2 Cup	Diced Pears 1/2 Cup	Diced Peaches 1/2 Cup	
12/12-12/16					
08/29-09/02	Spaghetti Meat Sauce 4 OZ	2 OZ Chicken Taco Meat W/ Salsa and 1/2 Cup Brown Rice 1/2 OZ Shredded Cheese	Breaded Chicken Patty 1 EACH	Beef & Broccoli 1 Cup	WG Pepperoni Pizza 1 EACH
09/26-09/30	Spaghetti Noodles 1/2 Cup	Black Beans 3/4 Cup	WW Hamburger Bun 1 EACH	Brown Rice 1/2 Cup	Carrots 3/4 Cup
10/24-10/28	Corn 3/4 Cup	Pineapple Tidbits 1/2 Cup	Local Salad 1 1/2 Cup	Green Beans 3/4 Cup	Fruit Mix 1/2 Cup
11/21-11/25	Mandarin Orange 1/2 Cup		Diced Peaches 1/2 Cup	Diced Pears 1/2 Cup	